## **ASSESSMENT 2**

### **Reflection on Nursing Core Values and Ethical Standards**

## INSTRUCTIONS FOR NURS FPX 6080 ASSESSMENT 2

Write a 5–6 page reflection on your professional identity as a professional nurse.

#### INTRODUCTION

Where we stand on ethical issues can be a point of contention and an opportunity for deeper discussion as we make judgments on how to shape our decision-making, as advanced practice nurses. There are evolving circumstances that arise frequently that require us to keep a pulse on where we stand on important issues that impact our advanced practice nursing decisions.

#### **OVERVIEW**

Understanding your professional identity can help you be a more effective health care professional, both within the context of personal well-being and in driving positive client outcomes. This assessment asks you to examine your professional identity within the context of how your professional identity relates to these aspects of practice.

#### INSTRUCTIONS

In this assessment, you will write a 5–6 page paper in which you will take an introspective approach to reflect on what shapes the ways you identify as a professional nurse. In this paper, address the following:

Critique your personal and professional practices in the context of nursing's core values.

- Describe your personal view of the professional identity of a nurse.
- Identify the ways you demonstrate the following core values in your personal and professional practices:
  - Integrity.
  - Altruism.
  - Inclusivity.
  - Compassion.
  - Courage.
  - Humility.
  - Advocacy.
  - Caring.
  - Autonomy.
  - Humanity.

- Social justice.
- Identify how your professional practices uphold a commitment to diversity, equity, and inclusion for both patients and colleagues.

#### Identify professional organizations that reflect personal nursing values and identity.

- o What mission, vision, or values of the selected organizations align with your personal or professional core values?
- O How does the identified professional organization help to improve your personal practice?

#### Reflect on how your personal actions model ethical behaviors in nursing practice and leadership.

- Consider what ethical behaviors are inherent in the nursing profession, and reflect on how your personal actions model those behaviors.
- Identify some potential solutions to use when unethical behaviors are observed.

# Reflect on situations in which you mentored others in the development of their professional growth and accountability.

- Consider a time when you formally or informally mentored someone in the development of their professional growth and accountability. If you have not mentored someone, can you think of a time you were mentored instead?
- Consider how the experience provided personal benefit, as well as benefits to the care team as a whole.

#### Evaluate strategies and methods for effective peer review.

- o From your Assessment 2 resources, identify two peer review strategies or methods that you found useful.
- o Identify the benefits and drawbacks of the strategies and methods presented.

#### Reflect on an experience in the evaluation of other members of a care team.

- Consider if there has been a time in your professional practice that you were involved in the evaluation of a peer or were evaluated by a peer.
- o Share details about that experience and whether or not it demonstrated effective evaluation techniques.

## SUBMISSION REQUIREMENTS

Length of narrative: 5–6 double-spaced, typed pages. Your narrative should be succinct yet substantive.

**Number of references:** Cite a minimum of 2–4 sources of scholarly or professional evidence that support your critique, reflection, and evaluation. Current source materials are defined as no older than five years, unless it is a seminal work. Be sure to cite evidence to support that your information is evidence-based.

APA formatting: Resources and citations are formatted according to APA style.